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Dear Patients,

The health of you and our community is our utmost priority. Please review the following document regarding the COVID-19 pandemic.

UP TO DATE ANSWERS:

The COVID-19 situation is changing rapidly. The most current information is available from the BC Centre for Disease Control at:

<http://www.bccdc.ca/health-info/diseases-conditions/covid-19>

IF YOU HAVE SYMPTOMS:

To help you determine whether you may need further assessment or testing for COVID-19, the Ministry of Health has an online self-assessment tool at: <https://covid19.thrive.health/>

CLINIC RESPONSE

Our clinics will continue to provide patient care but through a different medium: telephone.

We ask for your understanding and cooperation with the following:

Booked Appointments:

- All in-person appointments booked for the next 2 weeks are being converted to telephone appointments. Please call the clinic to change your appointment to a telephone visit. The doctor may call you with a “Private number” at your booked time. Please answer the call.

New Appointments:

- Do NOT physically come to the clinic. Please call our respective clinic to arrange a telephone visit with one of our doctors. If the doctor deems it appropriate, we will book a follow-up in-person appointment in our clinic for medically-necessary visits. Please wear a mask upon entering the clinic.

STAYING SAFE

Our government has ordered us to respect the following safety measures:

• SOCIAL DISTANCING:

Separate yourself from others by at least 6 feet or 2 meters at all times.

• WASH YOUR HANDS!

The virus can enter your body through your mouth, nose, eyes, and by breathing. Please follow this video for hand-washing instructions by the World Health Organization:

<https://www.youtube.com/watch?v=lisgnbMfKvI>

- SELF ISOLATE: Whether you are ill or not, we have been ordered to stay at home at all times. The sooner we all self-isolate, the sooner we contribute to the elimination of the virus.

Thank you for your crucial community cooperation during this global pandemic.

Seymour Coast Medical Team